



**FOG-MAC041**

**SMOKING PREVENTION IN DENTAL PRACTICE  
LECTURE**

2013/2014, 1<sup>st</sup> semester, 1<sup>st</sup> year, Dental students  
Fall semester: 2 September – 7 December 2013

Place: Faculty of Dentistry, B Building, Green Room  
Time: Thursday 14.00-15.00 (1 hour/week)  
Exam: Evaluation (5)  
Credit: 1

Teacher: Dr. Gábor Braunitzer assistant professor

**Limit: 16 students!**

**Aims of the course:**

The goal of the course is that dental students be able to help patients with behavioural and pharmaceutical cessation techniques. A further-similarly important-goal is to provide students theoretical basis and practical skills that will make them congruent role models for cessation.

**Structure of the course:**

The first phase is a theoretical preparation:  
The second phase comprises practical preparation  
The third intervention practice phase

**Topics:**

Epidemiology of smoking  
The chemistry of cigarette smoke  
The pathophysiology of smoking  
Smoking as addiction  
Risk groups  
Behavioral modification  
  
Clinical interventions and preventing relapse  
Option for assisting tobacco cessation  
Brief Motivational Interviewing

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Vezető / Leader: **Dr. habil. Barabás Katalin** egyetemi docens

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Individual consultation  
Consultation on the phone  
Video simulation  
Course evaluation

**Assessment:**

At the end of the course student's videos are discussed in a group training session, where expert feedback on desirable communicative elements and ones to be avoided is provided.

Literature:

Increasing Capacity for Tobacco Research in Hungary, Budapest 2013